



# BHARATI भारती

A Publication of the India Association of Indianapolis, Inc.

Vol. 28, No. 3

A Magazine with a Mission - to Inform, Communicate and Enlighten

May-June 2004

## Thanks from the IAI Executive Committee Rangulu 2004

*Rangulu*, our Spring Festival celebration was in true sense a splash of colors of love. Our endeavor to bring about a change in the format of our entertainment program was an unqualified success. What made our hearts rejoice was just not the number of people who thronged to celebrate the festival with us, but more importantly it was also coming together of People of Indian Origin from different regions of India under a single roof. IAI thanks all of you for participating in this UNITY IN DIVERSITY program.

We wish to thank our Gold Sponsor Mr. Jim Cadwalder (Clayton, Rae & James Realty Group) and other sponsors for setting up booths at ICC. Special thanks to Mr. Rohit Dalmia for designing the beautiful posters and the program brochure, to Mr. M.S. Anand for tirelessly working to give the ICC's sound system a better look, and Tripti Singh for her help with backstage management. We are grateful to Dr. Rama Belagage for his help in judging the essay competitions for kids.

Thanks are due to India Chaat House, who despite having been told to cater food for 350-400 people tried to make arrangements to get more food at the eleventh hour. Historically IAI have not had more than 300 people attend Holi program and hence the shortage of food. I apologize for the inconvenience that resulted from this oversight.

We are very encouraged to see the response from our children to our competitions for them. We promise to come up with more engrossing activities for them in the coming months. Thank you KIDS. Congratulations to Shivani Parikshak, Aayush Gupta and Shivani Bajpai for winning the competitions.

The Executive Committee appreciates the hard work put in by the coordinators, choreographers and the artistes in making the program such a big success. The spirit with which they participated in our preparatory efforts was responsible for the end product being so pleasing and entertaining. THANK YOU ALL FOR YOUR EFFORTS. We also want to thank the following volunteers: Rajendra Alvander, Subbarao Chintalapalli,

Chinne Chintalacheruvu, Padma Chintalacheruvu, Aravind Reddy Kottam, Harish Byrisetty, Sandeep Allam, Raveendran Dudhlor, Manisha Ramchandani and Praveen Anand. Many other people helped us in many ways. Please accept my sincere apologies for any inadvertent omissions.

Please be on the lookout for announcements in the upcoming months related to this year's mega event "CELEBRATE INDIA FESTIVAL" symbolizing Independence Day of India and creating awareness around us about India's past and present. This event is jointly being organized with Indy Parks Arts Services. We hope we will get encouragement, assistance and wholehearted participation from the COMMUNITY in making this historic event a grand success.

Thanks

*Rajesh Kher on behalf of IAI Exec. Committee 2004*

P.S.. I apologize for missing the names of the following volunteers in previous Bharati who helped us on January 25<sup>th</sup>, 2004 in Republic Day program: Aakriti Bhargava, Neha Yakhmi and Prakriti Bhargava. We thank them for their help.

Lost and Found: A ladies wrist watch, one gold earring and one piece of silver anklet. For details please email me at ritraj66@hotmail.com.

## MARK YOUR CALENDARS!

### Upcoming IAI events:

- South Indian Mela:** Sunday, October 3<sup>rd</sup>, 2004  
**International Festival:** Thursday, November 4<sup>th</sup> to Sunday, November 7<sup>th</sup>, 2004  
**Diwali Celebration:** Saturday, November 13<sup>th</sup>, 2004

IAI Fine Arts Committee is pleased to announce 'Gopikrishna' a Kuchipudi Dance Drama on Friday, September 17<sup>th</sup>, 2004 at 7.30 PM

The Fine Arts Committee is sponsoring this internationally renowned Kuchipudi Dance Troupe led by Padma Bhushan Vempati Chinna Satyam. The venue will be announced in the next issue of Bharati.

Visit Our Website: <http://www.iaibharati.com>

## India Day

India Association of Indianapolis (IAI) is planning to have India Day (India's Independence Day) celebrations of August 14th this year. It is going to be an all day event with collaboration from Indy Parks and City of Indianapolis at Garfield Park/MacAllister Center for the Performing Arts.

This year we are going to have some competitions in the areas of Entertainment, Displays and Costumes. We are looking for sponsors for the Prizes to give away to our kids. Each sponsor of that prize will come on to the stage and give away the prize to winner. That is the honor you get for being a sponsor!.

Please do remember that 100% of the money sponsored will be tax deductible.

Please see more details on page 7.

## Geeta Mandal Announcement Mark Your Calendar

Geeta Mandal of Indianapolis is organizing a Weekend Camp, "**Hindu Heritage Family Camp**"

On August 21 thru 22. Details to follow.

**Janmashtmi** – Tuesday, September 7

**Akhand Ramayan** – Saturday, September 11-12

**Diwali** – Sunday, November 7, 2004

For more information call ~

Kumar or Hansa Dave ~ 889-7328, Priyesh Kheradia – 569-1336, Purnima Kini – 570-8499, Vimal Patel – 875-5263, Kulanand Jha – 291-7304

## Temple News:

We are at an exciting time in the evolution of our Temple. The final plans for Phase I construction are now being readied for submission to the City/County Planning Board, which will issue the building permit necessary to begin construction. We invite your input in this process and your participation in the following:

- HTCI will be participating in An Interfaith Evening, promoting a spiritual dialogue among the many faiths represented in Indianapolis. The event will be held at Covenant Community Church at **7 p.m. on May 12**. Please call 298 7868 for further details.
- SummerFest and the Second HTCI Raffle will be held on **Saturday, July 31, 2004**. Join us for a day of family fun, featuring a cultural program, food booths, and games. Enter the raffle for terrific prizes including a plasma TV, a Caribbean cruise, a laptop, and cash! Raffle tickets may be purchased from any board member.
- The annual dinner will be held at the end of October. Please watch the *Bharati* and the Temple Web site ([htci.org](http://htci.org)) for further announcements.

We would also like to invite you to participate more actively in the HTCI by becoming a member. More details on memberships will be available shortly. For more info please visit us at [www.htci.org](http://www.htci.org). We are expanding and updating a list of E-mail addresses as well. If you are not receiving temple info via E-mail, please write to [vasudeva@iquest.net](mailto:vasudeva@iquest.net) and we will add to our list.

See you all at SummerFest! May God bless you all.

Girdhar L. Ahuja, HTCI Board

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*Bharati* is a bimonthly newsletter of the India Association of Indianapolis, Inc., dedicated to communicate, inform and enlighten the Community and be a forum for fostering Indian arts and culture. It reaches all the Indian American Community

of Central Indiana. *Bharati* invites advertisements, articles and letters to the editor. Articles should be of general interest and not be more than 600 words. Letters to the editor should not exceed 200 words. Letters should be typed double spaced and must include your name. The editor reserves the right to edit any material selected for publication.

THE DEADLINE FOR RECEIVING ARTICLES AND ADVERTISING FOR THE JULY-AUGUST ISSUE IS **JUNE 10, 2004**.

The advertisement rates are as follows. Please make checks payable to India Association of Indianapolis.

	one issue	six issues
Full page	\$300.00	\$1400.00
Half page	\$150.00	\$ 750.00
Quarter page	\$ 80.00	\$ 400.00
Business Card	\$ 50.00	\$ 250.00

Business Card size advertisements will be provided free to Non-Profit Sister Organizations.

Preprinted Full Page Insert - \$220 per issue.

Mailing Labels Printed - \$150, Mailing List on Disk \$1000

## THE ALL NEW IAIBHARATI.COM EVERYTHING EXCEPT GARAM CHAI!!!

The India Association of Indianapolis is proud to announce the launch of its new website at [www.iaibharati.com](http://www.iaibharati.com). (as it is getting readied for prime time there is a link to it from the old pages) The new Web site will be an interactive resource offering regular updates on upcoming IAI events, membership benefits, top headline news from around the world and much much more..... Exploring the interactivity of this website may seem endless at first but regular visits will guarantee an addiction to knowledge and resource.

Please take a minute to review the various sections of this new website as outlined below:

For members as well as non-members, there is plenty of information to learn more about IAI. You'll find a brief history of this organization along with membership benefits. If you are a non-member, please don't forget to complete our convenient online membership application. In addition, you can also find information on renting the India Community Center along with a map of the location and driving directions.

Also available is a featured list of all Board and Committee Members along with their contact information. At any time, please don't hesitate to contact any of these members. You can now select to receive a copy of Bharati via regular mail by simply filling out a short online form. The last 5 issues of Bharati will also be posted for download and print. Further, additional copies of the IAI directory can also be ordered online.

Tracking upcoming events and participating in them couldn't be easier. All events are updated immediately. Why wait for Bharati or for your friends and families to inform you about what's happening in your community? Simply get online and access information on all upcoming events.

For Bollywood enthusiasts, there's no better place to find your greatest stars caught in the action. Updated everyday, read the latest Indian movies and music reviews, enjoy the stunning and candid interviews, and catch up with all the latest Bollywood gossips and masala's.

If you like to stay updated on global events and World News Headlines, you will be thrilled with our daily updates of News and weather from around the world. Find out what's happening inside India, Russia, China, Pakistan, UK and many more countries. If you're a sports fan, choose from over ten sporting news including the latest on Cricket, Soccer, and Basketball. For those hi-tech enthusiasts, this is the place to read all about the latest

in technology. You will also find daily regional news on over 20 cities in America. Finally, don't forget to read about the latest business trends and finance updates. Now, there is no excuse to stay un-informed. It's all here under one convenient banner.

We all love to shop and hope to someday win a free shopping spree. Well! We're not sure about the free aspect but this new website definitely offers more shopping options than you can handle. Don't go to the malls, have the malls come to you! Buy all the Indian stuff including traditional clothes, spices, Indian DVDs and music CDs online. It's safe, secure and convenient. The prices are highly competitive as well. Lastly, you can't afford to miss Dr. Ramnarayan's best Internet Deals on over 1.5 Million products and services. An exclusive service offered by the IAI Webmaster.

Please do visit [www.iaibharati.com](http://www.iaibharati.com); you won't be disappointed!

ROHIT DALMIA – IAI WEBMASTER



*Hindu Temple of Central Indiana*  
invites you to

# SummerFest 2004

July 31, 10 a.m. to 4 p.m.  
3340 German Church Road

*Enjoy a day of family fun and  
support the building of our new Temple!!*

- Raffle Drawing: 1st Prize: a brand new Plasma TV
  - Music and Cultural Program
  - Food from every region of India
  - Games and fun for all ages
    - Wellness Center
    - Mehendi • Face Painting
  - Silent Auction • And much more!

*Admission to SummerFest is free!!*

*For more information, please call 875 8905 or 216 7254.  
SummerFest will take place at the site of our new Temple.*

*Directions: 70' East to Post Road; North on Post Road to 30th Street; East on 30th Street to German Church Road; North on German Church Road; Temple site will be on your left.*



## Where have all the Indian-American young folks gone?

April 16-18, 2004 weekend is celebrated as the Global Youth Service Day. For more information, please go to <http://www.gysd.net/home/index.html>. In the 60's PPM (Peter Paul and Mary) sang the hit song "Where have all the flowers gone". Let me re-phrase it.

May I ask "Where have all the Indian-American youth gone?" Specifically, the kids who are in the age group of 13-18. They are the young Indian-Americans who are to assume the responsibility to preserve and propagate the Indian heritage, traditions, values and the identity. The IAI is struggling to get volunteers to fill the posts of the IAI youth wing. I wonder why there is lack of enthusiasm on the part of the youth of IAI to volunteer their time. Until this year, the kids over time have served the youth section. Are the Indian kids interested only in making the grades and not be involved in anything but getting the grades? If you look at the Indiana's best and brightest (the top 40 graduating seniors (published in the STAR (April, 120, 2004)), they all have done something to the community outside of their schools. The biggest weakness in the first generation Indian-Americans is the fact that they are not socially conscious. They don't mingle freely with all the Indians, not mix with co-workers outside of the work place and not volunteer in the activities of the larger community. I hope the next generation of Indian-Americans who are born and raised

in America, don't imbibe this weakness from their parents. Keep in mind to be successful in any walk of life you have to be involved. It is not enough to compete for a spot to strut your stuff on the stage during the celebrations. You have to give yourself to the organization. By serving in the youth wing you will have an opportunity to lead, co-ordinate, negotiate, influence, serve, organize, and promote yourself. These are very important skills you will need to succeed in life.

I hope you will volunteer to serve as office-bearers of the IAI youth wing. It is funny. You must have heard the expression. "Every one wants to be the CHIEF and no one wants to be an Indian" And we are looking for the chief.....sadly everyone wants to be just an Indian!

Ram S. Ravindran

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### IAI walkers in March of Dimes Event - Sunday, April 18th, 2004



**Bharati is proud to publish the writings of the three winners of the Holi essay competition. Since all of them have quoted the same story of Holi, it is printed in only in one article otherwise it might seem repetitious. I hope the writers and their parents understand it.**

**First Prize Winner**  
**Holi**

*By: Aayush Gupta Age: 10 years*

My favorite festival is Holi because it is a very fun festival. On Holi, you throw colored powders and water at each other. But you must wear old/white clothes, because if you get color on your new clothes, will you be sorry!

Amongst India's innumerable festivals, Holi ranks as the most colorful. It celebrates the arrival of spring and death of demoness Holika; it is a celebration of joy and hope. Holi provides a refreshing respite from the mundane norms as people enjoy themselves. It also provides a good excuse for letting off some steam and settling old scores, without causing physical injury. Holi gives a chance to turn old enmity into friendship and love.

Holi continues to be celebrated with great vigor throughout India. Countless Hindi films have brought the vibrant colors of the festival to the screen. Indians all over the world eagerly await the Festival of Colors, as bonfires are lit to banish the cold, dark nights of winter and usher in warmer spring. Dhuleti, day after Holi, is the real festival of colors, when everything you see is covered with a lot of colors.

Twin towns of Nandagow (where Lord Krishna grew up) and Barsana (where Shri Radha grew up), near Mathura, are the epicenter of Holi celebrations. Men of Nandagow raid Barsana with hopes of raising their flag over Shri Radhikaji's temple. They receive a thunderous welcome as the women of Barsana greet them with long wooden sticks. The men are beaten as they attempt to rush through town to reach the relative safety of Shri Radhikaji's temple. Men are well padded, as they are not allowed to retaliate. In this mock battle, the men try their best not to be captured. Captives can be forcefully led away, thrashed and dressed in female clothes before being made to dance!

Rushing through Barsana is far more scary than running with the bulls in Spain. At least you don't have to marry them one day! Lord Krishna, while growing up in Vraj,

popularized the festival with his ingenious pranks. Gopies of Vraj responded with equal enthusiasm and the festivities have continued ever since. Famous poets like Surdas, Nand-das, Kumbhan-das and others, have written beautifully as to how Lord Krishna was similarly received.

**The story of Holi**

There was once an evil demon king called Hiranakashyap. He had many long wars with Devas, but he always lost. Hiranakashyap meditated for months to earn Lord Brahma's blessings. Brahma was pleased and asked him what he wanted. Hiranakashyap said, "Lord, bless me that I don't die in either day or night, inside or outside, in the air or on the ground, by man or by animal, or by any weapons." Brahma blessed him and disappeared. "Now I shall conquer the world!"

Hiranakashyap cackled and headed toward his kingdom. When he returned to his kingdom, he found that he had a son, and his wife had named him Prahlad. But he was enraged when he found that his kingdom was destroyed. Hiranakashyap announced war on the Devas, which he easily won. He established himself on Indra's throne and made everyone worship him. One day Hiranakashyap asked Prahlad, "What do you think the best thing in the world is?" Prahlad replied "I think the best thing in the world would be to renounce the world and seek refuge in Vishnu". Hiranakashyap laughed and asked a teacher to keep a close watch on Prahlad. Prahlad was taught that the best thing in life is to be powerful and to destroy anyone who comes in your way. But Prahlad kept thinking that doing these things would lead only to one's destruction. Prahlad instead taught other children in the school to worship Lord Vishnu. When his teacher found this, he took Prahlad straight to Hiranakashyap and said, "Please stop this child from spreading his vile beliefs among my pupils!" Hiranakashyap got very angry and ordered his henchmen to slay Prahlad. His henchmen tried everything they could to kill Prahlad but every time he emerged alive.

One day, Hiranakashyap's sister Holika said, "I have a gift from Brahma. If I wear my cloak then I won't burn in a fire. So set fire to a haystack and I can sit on top of a haystack with Prahlad on my lap. Would that work?" And Hiranakashyap said, "It is brilliant idea. Let us do it!" In the night, Holika took Prahlad on her lap and sat on top of a haystack with her cloak on. Hiranakashyap set fire to it. The fire traveled up. But in the nick of time, Lord Vishnu used his power to get the cloak blown onto Prahlad, and Holika died. This day indicates victory of truth and goodness over evil.

**Special Prize Winner:**

**Why I Think of Holi as My Favorite Festival**

*By: Shivani Bajpai Age: 9 years*

I think of Holi personally as my favorite festival because of the story behind it and also knowing it is the festival of colors. It is also very special because of the fact that if colors were not there how the world would be extremely dull. Holi is a Hindu festival celebrated in early March during the springtime, when the wheat harvest is gathered in. During Holi day you would have (and give to others) tons of ladoos. Ladoos are specifically made of split pea, flour, and sugar syrup. People would remember the god Krishna and his beloved companion Radha and their mischief with their Gopi friends.

Please read the story of Holi above.

Till today, people build large bonfires on the night before Holi to remind them of Prahlad and of how good triumphed over evil. They place a large tree branch in the middle of the fire to represent Prahlad. Once the fire is burning, they remove the stick, as if to save him. In India small stands/stalls sell garlands of cow dung, which are placed inside the Holi fire. In India, the cow is a sacred and is worshiped. People put some sweets and other offerings also in fire. They sing and dance around the fire to celebrate the burning of Holika. The celebration continues in the morning with water, color and sweets. Every body looks so funny. It is very hard some times to recognize your own friends and family members. But its all in good spirit and is lots and lots of fun.

Besides being a religious observation, it is a time to have fun with the family and friends and above all enjoy the spring season.

Although Holi has passed, I wish you all a belated but very colorful HOLI !!!!!!!

**Special Prize Winner:**

**Holi**

*By: Shivani Parikshak, Age: 11 Grade: 5<sup>th</sup>*

It is a beautiful day and you and your friends are outside smearing each other with bright colored powders,

which are known, as Gulal. Some of you are also throwing colored water at each other. Do you know what festival you're celebrating? Do you know why you're celebrating this festival? Well here's the answer!

For starters this festival is called Holi, the festival of colors. Holi is a festival that is a very fun-filled and popular occasion in the northern part of India. Holi is celebrated around early March. It can be said that Holi is called a bright festival as a wide range of colors is used during it. People believe that the bright colors represent energy, life, and joy!

There are many legends given as the reason for celebrating Holi but here are the three that I know. One reason to celebrate Holi was when winter was over and spring had started. In other words, people celebrated Holi because spring was

here.

The second legend was based on the everlasting love between Krishna and Radha. It seemed that in the Hindu mythology Lord Krishna was known to court Radha and the light-hearted mischievous courtship of his was linked to Holi. This Holi is known to be the celebration of love between the two! There is the standard story about Holi too.

Please read the story of Holi above

A couple days before Holi huge bonfires are held as a symbol of its representation and also are created to destroy evil spirits. Also at the same time shops are flooded with people buying clothing and Gulal (colored powders). On Holi mothers allow their children to go out on the streets and indulge in the splashing of colors. Usually, men would wear white Kurtas while ladies prefer white saris. Holi is an attracting festival where young or old people become lost in the exiting occasion while throwing colors at one another. Even water balloons would be thrown at each other!

This is a wonderful occasion but it's not just for having fun. It is a very spiritual holiday celebrated all over India. So next year remember to celebrate the festival, Holi!





**IAI in collaboration with Indy Parks Arts Services &  
Gregory Hancock Dance Theatre proudly presents**

*Celebrate India Festival*  
*An Independence Day of India Celebration*

**Day & Date:** Saturday, August 14th, 2004  
**Time:** Whole day event  
**Venue:** Garfield Park/MacAllister Center for The  
Performing Arts, Indianapolis, IN 46203

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## **Hindustani vocal concert ... What a wonderful evening we had!**

IAI Fine Arts Committee started the season with our inaugural program, a Hindustani vocal concert by Pandit Ulhas Kashalkar. Pt. Kashalkar, who is gifted with a melodious and flexible voice. He is clearly one of the top vocalists today. Pt. Kashalkar was accompanied on the tabla by Pt. Suresh Talwalkar, and on the harmonium by Pt. Vishwanath Kanhere. It was an afternoon of sublime music set in the lovely grounds of Butler University. Pt. Kashalkar, started the concert with a popular afternoon raga Bhimpalasi. He then followed that with raag Jaitshree, a raga that is a combination of 2 ragas Jait and Shree. Such combination ragas are a specialty of the Jaipur gharana, a school of music that Pt. Kashalkar is trained in. Following intermission, he sang compositions in Dhanashree, a raga that is rarely sung. He followed this with a slow, meandering, unutterably lovely bandish followed by a lively tarana in Tilak Kamod. Since dusk was approaching, he switched gears and sang the serious and contemplative raga Purvi. He concluded his performance with a tarana in Bhairavi. His elaboration of the ragas, intricate taans and his superb

understanding and interplay with the tabla and harmonium made for a rare concert.

In keeping with our mission statement of making Indy a major centre in the Midwest for classical arts from India, about 20% of our audience was made up of individuals who had travelled from Lafayette, Muncie and as far away as Cincinnati, Urbana-Champaign and Columbia, Missouri! The hard work of the FAC was more than repaid by the excellent audience feedback (standing ovations, many wah-wahs...), both regarding the quality of the program and the organizational efforts. There is no question that the FAC's inaugural concert was a success in terms of quality of programming! We hope, as the word spreads, that more and more people come to these concerts to listen and see the great maestros of our times.

Keep your calendars blocked for upcoming events: "Gopikrishna" a Kuchipudi dance drama on Sept 17<sup>th</sup> and 'Swar-Taal Yatra', a tabla-sitar-vocal ensemble. You will not want to miss them!

Suraja Roychowdhury  
Director, IAI FAC

## Interpreting and appreciating Indian Classical Music...

Indian classical music is principally based on melody and rhythm, not on harmony, counterpoint, chords, modulation and the other basics of Western classical music.

The system of Indian music known as Raga Sangeet can be traced back nearly two thousand years to its origin in the Vedic hymns of the Hindu temples, the fundamental source of all Indian music.

The ancient Vedic scriptures teach that there are two types of sound. One is a vibration of ether, the upper or purer air near the celestial realm. This sound is called Anahata Nad, or un-struck sound. Sought after by great enlightened yogis, it can only be heard by them. The sound of the universe is the vibration thought by some to be like the music of the spheres that the Greek Pythagoras described in the 6th century B.C. By contrast, Ahata Nad, or struck sound is the vibration of air in the lower atmosphere closer to the earth. It is any sound that we hear in nature or man-made sounds, musical and non-musical.

The tradition of Indian classical music is primarily an oral one. It is taught directly by the guru to the disciple, rather than by the notation method used in the West. The very heart of Indian music is the raga: the melodic form upon which the musician improvises. This framework is established by tradition and inspired by the creative spirits of master musicians.

In a Hindustani classical instrumental concert, the traditional recital begins with the alap section - the stately and serene exploration of the chosen raga. The alap serves to introduce the structural framework or musical boundaries of the raga and also to create a mood that the artist wants to convey. It is improvisation in free time. After this slow, introspective, heartfelt beginning, the musician moves on to the jor. In this part, rhythm enters and is developed. Innumerable variations on the raga's basic theme are elaborated. There is no drum accompaniment in either the alap or the jor. In Hindustani instrumental music, Jor and Jhala that follow the alap introduce rhythmic elements. Jor introduces a pulse and jhala a simple (but more complex than the pulse) rhythm, played by the soloist (without percussion). In these two sections there is gradual progression in tempo.

The alap and the jor evolve into the gat, the fixed composition of the raga. Here the drums enter with the wonderful rhythmic structure of the gat and its time cycle, the tala. From this moment on, the gat (which can be anything between 4 and 16 bars of fixed composition) becomes the vehicle for the musician to return to after his improvisation. While the artist has complete freedom to improvise, he may do so only as long as he does not leave the format of the raga and tala. This freedom within the bounds of artistic discipline comes only after many years of rigorous training. The step-by-step acceleration of the rhythm in the gat finally culminates in the jhala portion as it becomes more and more playful and exciting. Sawal jabab, the dazzling and rapid dialogue between instrument and tabla, has the power to enthral even the most uninitiated listener with its thrilling interplay.

Until next time, with best regards from Anushree M Bag, on behalf of the Fine Arts Committee of IAI...

*Anushree M Bag*

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### *Search*

When I shut my eyes to pray  
To chant the name of my lord  
Worries come to a stand still  
Of what I want, have and what is gone

The satisfaction in his name  
His mercy, his gift of human form  
So that we could serve him  
Is indeed great!

No force can lead  
No power can ever win  
When the almighty is ready for us  
It's only then that, we sow the (devotional) seed

Help me in my search  
For Self-realization, peace and purity  
In my enthusiastic journey of efforts  
To please you, my lord

A novice I shall remain always  
In the deep ocean of spirituality  
Enlighten me on how not to search you  
When you are in everything I do and see!?!

*Written by Priti Khanna*



## IAI Membership

We would like to thank these following new Grand Patron, Patron and Family Members. Thank you for your continued support of IAI in 2004. Memberships received since February 24 till April 10, 2004.

### Grand Patrons:

M.N. and Sharadha Sabesan  
 Vijay and Hema Patel  
 Ashok and Nandini Ramaswamy  
 Jyoti and Nalin Shah  
 Avinash and Gita Patel  
 Anil and Vanita Yakhmi  
 Vijay and Rita Kalaria

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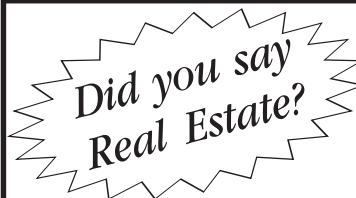
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The India Association of Indianapolis is proud to bring to the attention of the Indian-Americans of Indianapolis the publication of a book by K.P. Singh entitled "The Art and Spirit of K.P. Singh". The book is published by Guild Press (2003) and is available in area bookstores and from the author (317.849.7340). The book contains collages of small illustrations of his pencil drawings of various holy places, monuments, historical places, schools and colleges located not only in Indiana but also in other parts of the world. These pictures represent his life's artistic work. By having this book in your living room, you can have the pleasure of owning the important pieces of his art. These collections are accompanied by several articles by "K.P.". These articles reveal his take on humanity, oneness of living things, love, and pursuit of spirituality.

His writing reveals his deep understanding of all the religions of the world and mankind's expression of faith. Mr. K. P. Singh came to Indianapolis about 40 years ago. Earlier he had received his master's degree in architecture and city planning from the University of Michigan. He started his career as a city planner with the Indianapolis city government. Soon he realized his calling was with the pen and ink. Utilizing his knowledge of architecture and sense of proportion, he let his fingers do the magic with pen and ink. He is also a talented photographer. The publication of this book brings out another talent of his. That is writing. K.P. used to write articles for Bharati in the past. Some of his thoughtful articles have been published in Indianapolis Star. Indiana identifies K.P. Singh as a pre-eminent artist of Indiana. He has exhibited his paintings in many art fairs. His sketch of the India Community Center embellishes the directory of Indian-Americans living in central Indiana. K.P. used to be an active member of the Indian-American Association. He is perhaps the most recognized member of the Indian subcontinent living in Indianapolis. The IAI salutes his latest accomplishment. The best way to encourage him to produce more works of art is by purchasing and owning his artworks, be it as pen drawings, photographs, prints or book. We take pride in his achievements. We wish him great success in this venture.

Ram S. Ravindran

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## Pitter Prattle of a Yoga Mom

Revathi Krishna

Yesterday I was at the super market when I spied on a couple of enticing products. The first one was called 'Yoga in a box'. Imagine my disappointment when I opened it and found that it just contained CD's, flash cards, a belt and a candle. The second one was called Ohm, by Oil of Olay. I had visions of cosmic vibrations filling my being until I saw it was just a body wash. What will be next? 'Amen moisturizers' that promise salvation for lost souls

If I didn't know better, I would have bought the Yoga product. After all, as a busy mom, any product that can distill centuries of wisdom, awareness, and enlightenment into a box was for me. Now, I am no expert on Yoga and have been practicing asanas only for 2 years, but I do know this. What passes off as Yoga for most people today, are asanas, which is just one of the eight steps in the total system as laid down by Patanjali. Yoga is a way of life, starting from the cultivation of personal and social values, asanas and breathing techniques, to meditation and concentration, culminating in discipline, awareness, and mental quietude for the body and soul.

And all this they are offering it in a box for \$ 24.95? As a multi-tasking woman I am trying to juggle being a mother, wife, friend, and an aspiring career woman. I admit that I am the most likely target for companies wanting to sell such quick fix health remedies, and the reason is easy to see. As a society, we are consuming Yoga as if it were a fast food offering, and expect it to quickly fill the spiritual emptiness we feel. After six classes, we are ready to claim ourselves as Yogis and Yoginis. I am tired of seeing more ads for Yoga accessories and Yoga retreats in Cancun than factual how-to and why-fore articles in Yoga magazines. And call me a threat to the capitalistic industry, but you really do not need anything other than your good self in bare feet to practice Yoga. If practiced in the right spirit – with an open mind, humble and patient – it can be the catalyst to a more spiritual and fulfilling life.

So if we want to be more, and do more with our life, let us take the time to learn this ancient, and timeless, system. Read books, talk to those who know, take classes – whatever it is, TAKE THE TIME. However, if we are looking for a quick fix, I recommend the Ohm body wash. For about \$5, it promises holistic beauty from head to soul. Amen.



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## Announcements:

### Graduation:

**Bhavana Pandya** , daughter of Bhanu & Hasumati Pandya, graduates from Arsenal Technical High School. She plans to attend Butler University and wants to major in Chemistry/ Pre-Med

*Bharati would like to publish the graduation announcements of other Indian-American children in the next issue of Bharati. Please fill out information in the online form available at [www.iaibharati.com](http://www.iaibharati.com).*

## Request to Writers

1. Please don't send any articles published by someone else in some trade journals.
2. We would like to publish writings by members of IAI.
3. Don't send any writings written in any one of the 18 languages of India. We can't decide on the merits of all the writings in various languages. You can send that information and we will be happy to place it on the Web site.
4. We would like to publish articles by the children. But, please let it be something unique. Let it not be facts about India that one can find from thousands of resources.
5. Please don't send any information about an institution or program written by someone else. You can at least paraphrase it or add in your impression or experience in being a part of it.

--Ram Ravindran  
Editor



### Membership Application for the year 2004 (January-December)

Grand Patron \$250

Patron \$125

Family \$25

Individual \$15

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

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You do have desires,  
but can you be King of your desires And Rule these?  
You do have dreams;  
do you know how to turn these into reality?  
Your heart is full of love,  
but can you give it away?  
You always have faith in God,  
but can you keep it intact  
When it is most crucial to keep it and even spread it?  
You do have knowledge and wisdom  
But can you use it for good?  
You do have a colorful personality  
But can you make this world more colorful?  
You do have abilities  
But can you help?  
You are very precious and perhaps God's best creation  
Will you keep your self this way?

*Mahesh P. Gupta*

## Event Calendar

IAI, Kuchipudi Dance Drama	Friday, September 17th, 2004
IAI, South Indian Mela	Sunday, October 3 <sup>rd</sup> , 2004
IAI, International Festival	Thursday, Nov. 4 <sup>th</sup> to Sunday, Nov. 7 <sup>th</sup>
IAI, Diwali Celebration	Saturday, November 13 <sup>th</sup> , 2004
GM, Family Camp	Saturday-Sunday, August 21-22
GM, Janmashtmi	Tuesday, September 7
GM, Akhand Ramayan	Saturday, September 11-Sunday 12
GM, Diwali	Sunday, November 7
HTCI, Summerfest	Saturday, July 31